

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2022-2023

Class: **B.A. 1st Sem**

Name of Teacher: Dr. Sandeep Kumar

Subject: Experimental Psychology

Week/ Month	August 2022
22-27	Introduction to Psychology: Meaning, Nature and History, Relationship of Psychology with other disciplines
29-31	Psychology: Emergence as a Science, Subject matter of Psychology
	September 2022
01-03	Methods of Psychology: Experimental Method
05-10	Methods of Psychology: Observation and Survey Method
12-17	Sensory Processes: Nature, Structure and Function of Visual Sense- Human Eye
19-24	Structure and Function of Visual Sense- Human Ear
26-30	Perception: Meaning & Nature
	October 2022
01-08	Perception of Form: Figure and Background; Perceptual organization
10-15	Depth Perception: Nature and Cues
17-22	Emotion: Meaning & nature, Internal & External Bodily changes during emotions
24-31	Theories of Emotion: James-Lange and Cannon-Bard Theory
	November 2022
01-05	Schachter-Singer Theory of Emotion; Motivation: Meaning & Nature
07-12	Biological & Psychological motives; Personality: Meaning and Nature, Determinants of Personality
14-19	Type and Trait Approach of Personality
21-30	Intelligence: Meaning & Nature; Spearman, Cattell & Thurstone's Theory of Intelligence
December 2022: Revision and doubt classes till exam	

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2022-2023

Class: **B.A. 3rd Sem**

Name of Teacher: Dr. Sandeep Kumar

Subject: Social Psychology

Week/Month	August 2022
16-20	Introduction to Social Psychology: Meaning and nature, Relationship of social psychology with other disciplines
22-27	Subject matter of social Psychology, Sociometric method of social psychology, Socialization: Meaning and Nature
29-31	Process and Agents of socialization
	September 2022
01-03	Meaning and nature of group,
05-10	Types of groups and their characteristics
12-17	Functions of a group, Social norms: Meaning, nature and characteristics
19-24	Formation of social norms, Meaning and nature of leadership
26-30	Leadership: Types, functions and theories of leadership
	October 2022
01-08	Meaning/nature of attitude, characteristics of attitude, attitude formation
10-15	Factors affecting attitude formation, Attitude measurement: methods
17-22	Attitude change: Methods/theories
24-31	Prejudice and stereotypes: Nature, characteristics and development
	November 2022
01-05	Stereotype: Meaning and nature, Characteristics and functions
07-12	Prosocial behavior: meaning/nature and its determinants
14-19	Cognitive model of Prosocial behavior
21-30	Aggression: Nature, determinants and prevention
December 2022: Revision and doubt classes till exam	

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2022-2023

Class: **B.A. 5th Sem** Name of Teacher: Dr. Sandeep Kumar Subject: Psychopathology

Week/ Month	August 2022
16-20	Abnormal Psychology:History; Nature and Criteria of abnormal behavior, Characteristics and Difference between Normal and Abnormal behavior
22-27	Models of Psychopathology: Meaning of model of abnormality, Biological and Psychodynamic Theory/view point
29-31	Behavioral Model/viewpoints of Psychopathology
	September 2022
01-03	Cognitive Model/viewpoints of Psychopathology
05-10	Classification of Psychopathology: Need for classification & Approaches
12-17	Diagnostic classification of abnormal behavior, DSM system.
19-24	Diagnostic Assessment: Projective Techniques, Interview and Case History
26-30	Anxiety Disorder:Meaning, Nature and its cause
	October 2022
01-08	Anxiety Disorder & GAD): Symptoms, Etiology/Causes and treatment
10-15	Obsessive compulsive disorder (OCD): Nature and forms, its symptoms and causes/etiology/theories and its treatment
17-22	Phobic disorder/ Phobia: Nature, types of phobia; Etiology/Causes of phobia, Treatment of phobia
24-31	Substance/drug use/related disorder: Nature, major substance related disorder, Alcoholism: Its phases and types, Effects of alcoholism, Etiology/Causes/Factors of alcoholism, Treatment of alcoholism
	November 2022
01-05	Mood Disorders: Nature and types
07-12	Unipolar and Bipolar Mood Disorder: Symptom and causes
14-19	Schizophrenia: nature and causes
21-30	Schizophrenia: Types and Treatment
December 2022: Revision and doubt classes till exam	

