**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2021-22**

**Class: B.A 2nd Sem. Subject: Experimental Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week, Month** | **Topics covered** | **Status/Remarks** |
| --- | --- | --- |
| Week 1: March 21 to 26 | Attention: Nature, Characteristics & Determinants of Sustained Attention |  |
| Week 2: March 28 to April 02 | Attention: Types and Theories of Sustained Attention |  |
| Week 3: April 04 to April 09 | Psychophysics: Nature and Problems |  |
| Week 4: April 11 to April 16 | Methods of Psychophysics |  |
| Week 5: April 18 to April 23 | Methods of Psychophysics |  |
| Week 6: April 25 to April 30 | Learning: Nature, Factors Affecting & Thorndike’s Trial & Error Learning |  |
| Week 7: May 02 to May 07 | Learning: Laws of Learning, Classical Conditioning |  |
| Week 8: May 09 to May 14 | Learning: Operant Conditioning & insight learning |  |
| Week 9: May 16 to May 21 | Memory: Nature, Stages and Types of Memory |  |
| Week 10: May 23 to May 28 | STM & LTM: Nature and Methods of studying |  |
| Week 11: May 30 to June 04 | Forgetting: Nature and Factors leading to forgetting; Mnemonics |  |
| Week 12: June 06 to June 11 | Problem Solving: Nature & Stages of Problem Solving; Convergent Thinking |  |
| Week 13: June 13 to June 18 | Divergent Thinking; Frequency Distribution |  |
| Week 14: June 20 to June 25 | Graphical Presentation of Data, Measures of Central Tendency |  |
| Week 15: June 27 to till exam | Revision of Syllabus and unit test |  |

**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2021-22**

**Class: B.A 4th Sem. Subject: Developmental Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week, Month** | **Topics covered** | **Status/Remarks** |
| --- | --- | --- |
| Week 1: March 21 to 26 | History of Developmental Psychology & Concept of Human Development |  |
| Week 2: March 28 to April 02 | General Principles of Human Development |  |
| Week 3: April 04 to April 09 | Biological and Social factors in Human Development |  |
| Week 4: April 11 to April 16 | Social and Cultural Factors in Human Development |  |
| Week 5: April 18 to April 23 | Early Developmental Pattern: Prenatal Development |  |
| Week 6: April 25 to April 30 | Prenatal Development: Stages, Determinants/Factors influencing development |  |
| Week 7: May 02 to May 07 | Infancy: Characteristics of Neonate - Physical development, Motor Activities |  |
| Week 8: May 09 to May 14 | Neonate: Emotional Development; Physical & psychological Hazards, and adjustment, Unit test |  |
| Week 9: May 16 to May 21 | Childhood: Characteristics & Problems; Perceptual & Motor Development |  |
| Week 10: May 23 to May 28 | Childhood: Emotional and Cognitive Development |  |
| Week 11: May 30 to June 04 | Adolescents: Characteristics, Problems & adjustment |  |
| Week 12: June 06 to June 11 | Early & Late Adulthood: Changing Patterns and Problems |  |
| Week 13: June 13 to June 18 | Aging: Changing Patterns and Problems; Measures of variability |  |
| Week 14: June 20 to June 25 | Standard Deviation and Quartile Deviation |  |
| Week 15: June 27 to till semester exam | Revision of syllabus and unit test |  |

**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2021-22**

**Class: B.A 6th Sem. Subject: Applied Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week, Month** | **Topics covered** | **Status/Remarks** |
| --- | --- | --- |
| Week 1: March 21 to 26 | Applied Psychology: Introduction History and Fields of Applied Psychology |  |
| Week 2: March 28 to April 02 | Careers in Psychology; Organizational Psychology: Nature and development |  |
| Week 3: April 04 to April 09 | Organizational Psychology: Scope and Objectives |  |
| Week 4: April 11 to April 16 | Guidance: Meaning, Nature & objectives |  |
| Week 5: April 18 to April 23 | Guidance:Principles, Types; Organization of Guidance Programme |  |
| Week 6: April 25 to April 30 | Counselling: Meaning, Need and Principles |  |
| Week 7: May 02 to May 07 | Counselling: Special Areas and Types, and Unit Test |  |
| Week 8: May 09 to May 14 | Health Psychology: Meaning and Concept of Health & Illness |  |
| Week 9: May 16 to May 21 | Health Psychology: Objectives and Scope |  |
| Week 10: May 23 to May 28 | Psychological Factors in Physical Illness, LifeStyle and health |  |
| Week 11: May 30 to June 04 | Stress and Coping |  |
| Week 12: June 06 to June 11 | Forensic Psychology: History; Psychology And Law; Eyewitness Memory |  |
| Week 13: June 13 to June 18 | Eyewitness Memory- Accuracy & Improvement; Correlation- Meaning |  |
| Week 14: June 20 to June 25 | Correlation: Rand Difference and Product Moment Method |  |
| Week 15: June 27 till semester exam | Revision of Syllabus and unit test |  |