

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2025-26

Class: B.A 2nd Sem.

Subject: Social Psychology Course Code: 24PSYS401DS02

Name of Teacher: Dr. Sandeep Kumar

Month, Year & Week	Topics covered
January 2026: Week 1	Social Psychology: Nature and Subject-matter
January 2026: Week 2	Social Psychology Methods: Sociometry and Case study
January 2026: Week 3	Socialization: Nature & Process
January 2026: Week 4	Process and Agents of Socialization
January 2026: Week 5	Social Influence: Meaning and Nature of Compliance
February 2026: Week 1	Conformity and Obedience
February 2026: Week 2	Prejudice: Nature & Development
February 2026: Week 3	Stereotypes: Meaning and Nature
February 2026: Week 4	Social Processes: Meaning of Cooperation and Conflict
March 2026: Week 1	Holi Vacations
March 2026: Week 2	Conflict Resolution Techniques
March 2026: Week 3	Social Perception: Impression Formation
March 2026: Week 4	Attribution Theory: Heider
April 2026: Week 1	Aggression: Nature, Determinants and Prevention
April 2026: Week 2	Pro-Social Behaviour: Meaning and Nature
April 2026: Week 3	Determinants of Prosocial Behaviour
April 2026: Week 4	Empathy- Altruism Hypothesis, Negative State Relief Hypothesis
May 2026: Week 1	Revision and Doubt Classes
May 07, 2026 onwards	Examinations

H.O.D Psychology

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2025-26

Class: B.A 4th Sem.

Subject: Research Methods in Psychology Course Code: 25PSYS403DS02

Name of Teacher: Dr. Sandeep Kumar

Month, Year & Week	Topics covered
January 2026: Week 1	Data Collection Techniques: Experimental Method
January 2026: Week 2	Data Collection Techniques: Observation Method
January 2026: Week 3	Data Collection Techniques: Questionnaire and Interview
January 2026: Week 4	Data Collection Techniques: Interview and Sociometry
January 2026: Week 5	Normal Distribution Curve: Concept of Normal Probability Curve
February 2026: Week 1	Laws of Normal Probability Curve
February 2026: Week 2	Normal Probability Curve: Characteristics and its Applications.
February 2026: Week 3	Research Design: Requirement of a good research design.
February 2026: Week 4	Within – Single Group Design
March 2026: Week 1	Holi Vacations
March 2026: Week 2	Between Group – Two Randomized Group Design
March 2026: Week 3	Between Group – Matched Group Design.
March 2026: Week 4	Between Group – Multigroup Design.
April 2026: Week 1	Sampling – Nature and its Techniques
April 2026: Week 2	Assumption of Parametric and Non-Parametric Tests
April 2026: Week 3	Assumption of Parametric and Non-Parametric Tests
April 2026: Week 4	Writing up a Research Report - APA Style.
May 2026: Week 1	Revision and Doubt Classes
May 07, 2026 onwards	Examinations

H.O.D Psychology

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2025-26

Class: B.A 6th Sem.

Subject: Applied Psychology (PY06)

Name of Teacher: Dr. Sandeep Kumar

Month, Year & Week	Topics covered
January 2026: Week 1	Applied Psychology: Introduction , History and Fields
January 2026: Week 2	Careers in Psychology; Organizational Psychology:Nature & Development
January 2026: Week 3	Organizational Psychology: Scope and Objectives
January 2026: Week 4	Guidance: Meaning, Nature & Objectives
January 2026: Week 5	Guidance: Principles, Types; Organization of Guidance Programme
February 2026: Week 1	Counselling: Meaning, Need and Principles
February 2026: Week 2	Counselling: Special Areas
February 2026: Week 3	Types of Counselling; Meaning of Health Psychology
February 2026: Week 4	Health Psychology: Concept of Health & Illness
March 2026: Week 1	Holi Vacations
March 2026: Week 2	Health Psychology: Objectives and Scope
March 2026: Week 3	Psychological Factors in Physical Illness, Life Style & health
March 2026: Week 4	Stress and Coping
April 2026: Week 1	Forensic Psychology: History; Psychology And Law
April 2026: Week 2	Eyewitness Memory: Nature and factors affecting
April 2026: Week 3	Eyewitness Memory- Accuracy & Improvement
April 2026: Week 4	Correlation- Meaning, Rank Difference and Product Moment Method
May 2026: Week 1	Revision and Doubt Classes
May 07, 2026 onwards	Examinations

H.O.D Psychology