***Govt. College Jassia (Rohtak)***

***Lesson Plan for the Session 2021-2022***

Class: **B.A. 1st Sem**. Name of Teacher: **Dr. Sandeep Kumar** Subject: **Psychology**

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| **October 2021** |
| **1st Week** | Introduction to Psychology: Meaning, Nature and History, Relationship of Psychology with other disciplines  |
| **2nd Week** | Psychology: Emergence as a Science, Subject matter of Psychology |
| **3rd Week** | Methods of Psychology: Experimental, Observation and Survey Method |
| **4th Week** | Methods of Psychology: Experimental, Observation and Survey Method  |
| **November 2021**  |
| **1st Week** | Revision and Discussion of studied topics of First Unit |
| **2nd Week** | Sensory Processes: Nature, Structure and Function of Visual Sense- Human Eye |
| **3rd Week** | Structure and Function of Visual Sense- Human Ear; Perception: Meaning and Nature |
| **4th Week** | Perception of Form: Figure and Background; Perceptual organization |
| **December 2021** |
| **1st Week** | Depth Perception: Nature and Cues, Revision & Discussion of studied topics of 2nd Unit |
| **2nd Week** | Emotion: Meaning & nature, Internal & External Bodily changes during emotions |
| **3rd Week** |  Theories of Emotion: James-Lange and Cannon-Bard Theory |
| **4th Week** | Schachter-Singer Theory of Emotion; Motivation: Meaning & Nature |
| **5th Week** | Biological & Psychological motives; Revision & Discussion of studied topics of 3rd Unit |
| **January 2022** |
| **1st Week** |  Personality: Meaning and Nature, Determinants of Personality |
| **2nd Week** | Type and Trait Approach of Personality |
| **3rd Week** | Trait Approach of Personality; Intelligence: Meaning and Nature |
| **4th Week** | Spearman, Cattell and Thurstone’s Theory of Intelligence |
| **February 2022**  |
|  Revision of syllabus till Semester Exams |

***Govt. College Jassia (Rohtak)***

***Lesson Plan for the Session 2021-2022***

Class: **B.A. 3rd Sem**. Name of Teacher: **Dr. Sandeep Kumar** Subject: **Psychology**

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| **October 2021** |
| **1st Week** | Introduction to Social Psychology: Meaning and nature, Relationship of social psychology with other disciplines  |
| **2nd Week** | Subject matter of social Psychology, Sociometric method of social psychology, Socialization: Meaning and Nature  |
| **3rd Week** | Process and Agents of Socialization |
| **4th Week** | Revision and Discussion of studied topics |
| **November 2021** |
| **1st Week** | Meaning and nature of group, Types of groups and their characteristics  |
| **2nd Week** | Functions of a group, social norms: Meaning, nature and characteristics |
| **3rd Week** | Formation of social norms, Meaning and nature of leadership  |
| **4th Week** | Leadership: Types, functions and theories of leadership |
| **December 2021** |
| **1st Week** | Theories of leadership, characteristics of a leader |
| **2nd Week** |   Revision, discussion and test/quiz of studied topics |
| **3rd Week** |  Meaning/nature of attitude, characteristics of attitude, attitude formation |
| **4th Week** |  Factors affecting attitude formation, Attitude measurement: methods |
| **5th Week** |  Attitude change: Methods/theories |
| **January 2022** |
| **1st Week** | Nature of prejudice, characteristics of prejudice  |
| **2nd Week** | Development of prejudice, Meaning and nature of stereotypes  |
| **3rd Week** | Characteristics and functions of stereotypes |
| **4th Week** | Revision, discussion and test/quiz of studied topics |
| **February 2022** |
|  Revision of syllabus till Semester Exams |

***Govt. College Jassia (Rohtak)***

***Lesson Plan for the Session 2021-2022***

Class: **B.A. 5th Sem**. Name of Teacher: **Dr. Sandeep Kumar** Subject: **Psychology**

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| **October 2021** |
| **1st Week** | Abnormal Psychology: History; Nature and Criteria of abnormal behavior, Characteristics and Difference between Normal and Abnormal behavior  |
| **2nd Week** | Models of Psychopathology: Meaning, Biological and Psychodynamic Theory |
| **3rd Week** | Behavioral and Cognitive Models/viewpoints of Psychopathology |
| **4th Week** | Revision and Discussion of studied topics |
| **November 2021** |
| **1st Week** | General Causes of Abnormal Behavior, Chapter Summary |
| **2nd Week** | Classification of Psychopathology: Need for classification and its Approaches |
| **3rd Week** |  Diagnostic classification of abnormal behavior, DSM system. |
| **4th Week** | Diagnostic Assessment: Projective Techniques |
| **December 2021** |
| **1st Week** | Diagnostic Assessment: Projective Techniques |
| **2nd Week** |  Revision, discussion and test/quiz of studied topics |
| **3rd Week** | Diagnostic Assessment: Interview and Case History and chapter Summary |
| **4th Week** | Anxiety Disorder: Meaning and Nature, Neurosis: Nature, associated disorder & causes  |
| **5th Week** |  Generalized anxiety disorder (GAD): Symptoms, Etiology/Causes and treatment  |
| **January 2022** |
| **1st Week** | Obsessive Compulsive Disorder (OCD): Nature & forms, symptoms, causes/theories and its treatment |
| **2nd Week** | Phobic disorder/ Phobia: Nature, types of phobia; Etiology/Causes of phobia, Treatment  |
| **3rd Week** | Substance/drug use/related disorder: Nature, major substance related disorder, Alcoholism: Its phases & types, Effects, Etiology/Causes/Factors & Treatment |
| **4th Week** | Other substance related disorders: Nature, Symptoms, Causes and Treatment   |
| **February 2022** |
|  Revision of syllabus till Semester Exams |