**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2024-25**

**Class: B.A 2nd Sem. Subject: Social Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week & Month** | **Topics covered** |
| --- | --- |
| Week 1: Feb. 01, 03 to 08 | Social Psychology: Nature and Subject-matter |
| Week 2: Feb. 10 to Feb. 15 | Social Psychology Methods: Sociometry and Case study |
| Week 3: Feb. 17 to Feb. 22 | Socialization: Nature & Process |
| Week 4: Feb. 24-28 & Mar. 1 | Agents of Socialization |
| Week 5: Mar. 03 to Mar. 08 | Social Influence: Meaning and Nature of Compliance |
| Mar. 09 to Mar. 16 | Holi Vacations |
| Week 6: Mar. 17 to Mar. 22 | Conformity and Obedience |
| Week 7: Mar. 24 to 29 & 31 | Prejudice: Nature & Development |
| Week 8: Apr. 01 to Apr. 05 | Stereotypes: Meaning and Nature |
| Week 9: Apr. 07 to Apr. 12 | Social Processes: Meaning of Cooperation and Conflict |
| Week 10: Apr. 14 to Apr. 19 | Conflict Resolution Techniques |
| Week 11: Apr. 21 to Apr. 26 | Social Perception: Impression Formation |
| Week 12: Apr. 28 to 30 & May 1-3 | Attribution Theory: Heider |
| Week 13: May 5 to May 10 | Aggression: Nature, Determinants and Prevention |
| Week 14: May 12 to May 17 | Pro-Social Behaviour: Meaning and Nature |
| Week 15: May 19 to May 24 | Determinants of Prosocial Behaviour |
| Week 16: May 26 to May 31 | Empathy- Altruism Hypothesis, Negative State Relief Hypothesis |
| June 01, 2025 onwards | Examinations |

**H.O.D Psychology**

**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2024-25**

**Class: B.A 4th Sem. Subject: Developmental Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week & Month** | **Topics covered** |
| --- | --- |
| Week 1: Jan. 07 to Jan. 11 | History of Developmental Psychology & Concept of Human Development |
| Week 2: Jan. 13 to Jan. 18 | General Principles of Human Development |
| Week 3: Jan. 20 to Jan. 25 | Biological and Social factors in Human Development |
| Week 4: Jan. 27-31 & Feb. 01 | Social and Cultural Factors in Human Development |
| Week 5: Feb. 03 to Feb. 08 | Early Developmental Pattern: Prenatal Development |
| Week 6: Feb. 10 to Feb. 15 | Prenatal Development: Stages, Determinants/Factors influencing development |
| Week 7: Feb. 17 to Feb. 22 | Infancy: Characteristics of Neonate - Physical development, Motor Activities |
| Week 8:Feb. 24-28 & Mar. 01 | Neonate: Emotional Development; Physical & Psychological Hazards |
| Week 9: Mar. 03 to Mar. 08 | Neonate: Adjustment; Childhood: Characteristics & Problems |
| Mar. 09 to Mar. 16 | Holi Vacations |
| Week 10: Mar. 17 to Mar. 22 | Childhood: Perceptual & Motor Development |
| Week 11: Mar. 24 to 29 & 31 | Childhood: Emotional and Cognitive Development |
| Week 12: Apr. 01 to Apr. 05 | Adolescents: Characteristics, Problems & adjustment |
| Week 13: Apr. 07 to Apr. 12 | Early & Late Adulthood: Changing Patterns |
| Week 14: Apr. 14 to Apr. 19 | Early & Late Adulthood: Problems |
| Week 15: Apr. 21 to Apr. 26 | Aging: Changing Patterns and Problems |
| Week 16: Apr. 28 to Apr. 30 & May 1-3 & 5 | Measures of variability: Standard Deviation & Quartile Deviation |
| 06 May, 2025 onwards | Examinations |

**H.O.D Psychology**

**Govt. College Jassia (Rohtak)**

**Lesson Plan for the Session 2024-25**

**Class: B.A 6th Sem. Subject: Applied Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| **Week & Month** | **Topics covered** |
| --- | --- |
| Week 1: Jan. 07 to Jan. 11 | Applied Psychology: Introduction , History and Fields |
| Week 2: Jan. 13 to Jan. 18 | Careers in Psychology; Organizational Psychology: Nature & its Development |
| Week 3: Jan. 20 to Jan. 25 | Organizational Psychology: Scope and Objectives |
| Week 4: Jan. 27-31 & Feb. 01 | Guidance: Meaning, Nature & Objectives |
| Week 5: Feb. 03 to Feb. 08 | Guidance: Principles, Types; Organization of Guidance Programme |
| Week 6: Feb. 10 to Feb. 15 | Counselling: Meaning, Need and Principles |
| Week 7: Feb. 17 to Feb. 22 | Counselling: Special Areas |
| Week 8:Feb. 24-28 & Mar. 01 | Types of Counselling; Meaning of Health Psychology |
| Week 9: Mar. 03 to Mar. 08 | Health Psychology: Concept of Health & Illness |
| Mar. 09 to Mar. 16 | Holi Vacations |
| Week 10: Mar. 17 to Mar. 22 | Health Psychology: Objectives and Scope |
| Week 11: Mar. 24 to 29 & 31 | Psychological Factors in Physical Illness, Life Style & health |
| Week 12: Apr. 01 to Apr. 05 | Stress and Coping |
| Week 13: Apr. 07 to Apr. 12 | Forensic Psychology: History; Psychology And Law |
| Week 14: Apr. 14 to Apr. 19 | Eyewitness Memory: Nature and factors affecting |
| Week 15: Apr. 21 to Apr. 26 | Eyewitness Memory- Accuracy & Improvement |
| Week 16: Apr. 28 to Apr. 30 & May 1-3 & 5 | Correlation- Meaning, Rank Difference and Product Moment Method |
| 06 May, 2025 onwards | Examinations |

**H.O.D Psychology**