

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2024-25

Class: B.A 4th Sem.

Subject: Developmental Psychology

Name of Teacher: Dr. Sandeep Kumar

Week, Month	Topics covered
Week 1: Jan. 07 to Jan. 11	History of Developmental Psychology & Concept of Human Development
Week 2: Jan. 13 to Jan. 18	General Principles of Human Development
Week 3: Jan. 20 to Jan. 25	Biological and Social factors in Human Development
Week 4: Jan. 27-31 & Feb. 01	Social and Cultural Factors in Human Development
Week 5: Feb. 03 to Feb. 08	Early Developmental Pattern: Prenatal Development
Week 6: Feb. 10 to Feb. 15	Prenatal Development: Stages, Determinants/Factors influencing development
Week 7: Feb. 17 to Feb. 22	Infancy: Characteristics of Neonate - Physical development, Motor Activities
Week 8: Feb. 24-28 & Mar. 01	Neonate: Emotional Development; Physical & Psychological Hazards
Week 9: Mar. 03 to Mar. 08	Neonate: Adjustment; Childhood: Characteristics & Problems
Mar. 09 to Mar. 16	Holi Vacations
Week 10: Mar. 17 to Mar. 22	Childhood: Perceptual & Motor Development
Week 11: Mar. 24 to 29 & 31	Childhood: Emotional and Cognitive Development
Week 12: Apr. 01 to Apr. 05	Adolescents: Characteristics, Problems & adjustment
Week 13: Apr. 07 to Apr. 12	Early & Late Adulthood: Changing Patterns
Week 14: Apr. 14 to Apr. 19	Early & Late Adulthood: Problems
Week 15: Apr. 21 to Apr. 26	Aging: Changing Patterns and Problems
Week 16: Apr. 28 to Apr. 30	Measures of variability: Standard Deviation
Week 17: May 01 to May 05	Quartile Deviation & Revision

H.O.D Psychology

Principal
Government College Jassia, Rohtak

Govt. College Jassia (Rohtak)
Lesson Plan for the Session 2024-25

Class: B.A 6th Sem.

Subject: Applied Psychology

Name of Teacher: Dr. Sandeep Kumar

Week, Month	Topics covered
Week 1: Jan. 07 to Jan. 11	Applied Psychology: Introduction , History and Fields
Week 2: Jan. 13 to Jan. 18	Careers in Psychology; Organizational Psychology: Nature & its Development
Week 3: Jan. 20 to Jan. 25	Organizational Psychology: Scope and Objectives
Week 4: Jan. 27-31 & Feb. 01	Guidance: Meaning, Nature & Objectives
Week 5: Feb. 03 to Feb. 08	Guidance: Principles, Types; Organization of Guidance Programme
Week 6: Feb. 10 to Feb. 15	Counselling: Meaning, Need and Principles
Week 7: Feb. 17 to Feb. 22	Counselling: Special Areas
Week 8:Feb. 24-28 & Mar. 01	Types of Counselling; Meaning of Health Psychology
Week 9: Mar. 03 to Mar. 08	Health Psychology: Concept of Health & Illness
Mar. 09 to Mar. 16	Holi Vacations
Week 10: Mar. 17 to Mar. 22	Health Psychology: Objectives and Scope
Week 11: Mar. 24 to 29 & 31	Psychological Factors in Physical Illness, Life Style & health
Week 12: Apr. 01 to Apr. 05	Stress and Coping
Week 13: Apr. 07 to Apr. 12	Forensic Psychology: History; Psychology And Law
Week 14: Apr. 14 to Apr. 19	Eyewitness Memory: Nature and factors affecting
Week 15: Apr. 21 to Apr. 26	Eyewitness Memory- Accuracy & Improvement
Week 16: Apr. 28 to Apr. 30	Correlation- Meaning and Rank Difference Method
Week 17: May 01 to May 06	Correlation: Rand Difference and Product Moment Method

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