

**Govt. College Jassia (Rohtak)**  
**Lesson Plan for the Session 2023-24**

**Class: B.A 2<sup>nd</sup> Sem.**

**Subject: Experimental Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| <b>Week, Month</b>          | <b>Topics covered</b>                                                    |
|-----------------------------|--------------------------------------------------------------------------|
| Week 1: Jan. 01 to Jan. 06  | Attention: Nature, Characteristics & Determinants of Sustained Attention |
| Week 2: Jan. 08 to Jan. 13  | Attention: Types and Theories of Sustained Attention                     |
| Week 3: Jan. 15 to Jan. 20  | Psychophysics: Nature and Problems, Methods of Psychophysics             |
| Week 4: Jan. 22 to Jan. 27  | Methods of Psychophysics                                                 |
| Week 5: Jan. 28 to Feb. 03  | Learning: Nature, Factors Affecting & Thorndike's Trial & Error Theory   |
| Week 6: Feb. 05 to Feb. 10  | Learning: Laws of Learning, Classical Conditioning                       |
| Week 7: Feb. 12 to Feb. 17  | Learning: Operant Conditioning                                           |
| Week 8: Feb. 19 to Feb. 24  | Operant Conditioning & Insight Learning                                  |
| Week 9: Feb. 26 to Mar. 02  | Memory: Nature, Stages and Types of Memory                               |
| Week 10: Mar. 04 to Mar. 09 | STM & LTM: Nature and Methods of studying                                |
| Week 11: Mar. 11 to Mar. 16 | Forgetting: Nature and Factors leading to forgetting; Mnemonics          |
| Week 12: Mar. 18 to Mar. 23 | Problem Solving: Nature & Stages of Problem Solving                      |
| March 24-March 31           | Holi Vacations                                                           |
| Week 13: Apr. 01 to Apr. 06 | Convergent Thinking & Divergent Thinking                                 |
| Week 14: Apr. 08 to Apr. 13 | Frequency Distribution, Graphical Presentation of Data                   |
| Week 15: Apr. 15 to Apr. 20 | Graphical Presentation of Data & Measures of Central Tendency            |
| Week 16: Apr. 22 to Apr. 27 | Measures of Central Tendency                                             |
| Week 17: Apr. 29 till Exam  | Revision of Syllabus and doubt classes                                   |

**H.O.D Psychology**

**Rohtak**

**Principal  
Government College Jassia,**

**Govt. College Jassia (Rohtak)  
Lesson Plan for the Session 2023-24**

**Class: B.A 4<sup>th</sup> Sem.**

**Subject: Developmental Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| <b>Week, Month</b>          | <b>Topics covered</b>                                                        |
|-----------------------------|------------------------------------------------------------------------------|
| Week 1: Jan. 01 to Jan. 06  | History of Developmental Psychology & Concept of Human Development           |
| Week 2: Jan. 08 to Jan. 13  | General Principles of Human Development                                      |
| Week 3: Jan. 15 to Jan. 20  | Biological and Social factors in Human Development                           |
| Week 4: Jan. 22 to Jan. 27  | Social and Cultural Factors in Human Development                             |
| Week 5: Jan. 28 to Feb. 03  | Early Developmental Pattern: Prenatal Development                            |
| Week 6: Feb. 05 to Feb. 10  | Prenatal Development: Stages, Determinants/Factors influencing development   |
| Week 7: Feb. 12 to Feb. 17  | Infancy: Characteristics of Neonate - Physical development, Motor Activities |
| Week 8: Feb. 19 to Feb. 24  | Neonate: Emotional Development; Physical & psychological Hazards             |
| Week 9: Feb. 26 to Mar. 02  | Neonate: Adjustment; Childhood: Characteristics & Problems                   |
| Week 10: Mar. 04 to Mar. 09 | Childhood: Perceptual & Motor Development                                    |
| Week 11: Mar. 11 to Mar. 16 | Childhood: Emotional and Cognitive Development                               |
| Week 12: Mar. 18 to Mar. 23 | Adolescents: Characteristics, Problems & adjustment                          |
| March 24-March 31           | Holi Vacations                                                               |
| Week 13: Apr. 01 to Apr. 06 | Early & Late Adulthood: Changing Patterns and Problems                       |
| Week 14: Apr. 08 to Apr. 13 | Aging: Changing Patterns and Problems                                        |

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| Week 15: Apr. 15 to Apr. 20   | Measures of variability and Standard Deviation |
| Week 16: Apr. 22 to Apr. 27   | Quartile Deviation                             |
| Week 17: Apr. 29 to till Exam | Revision of syllabus and doubt classes         |

**H.O.D Psychology**

**Principal  
Government College Jassia,**

**Rohtak**

**Govt. College Jassia (Rohtak)  
Lesson Plan for the Session 2023-24**

**Class: B.A 6<sup>th</sup> Sem.**

**Subject: Applied Psychology**

**Name of Teacher: Dr. Sandeep Kumar**

| <b>Week, Month</b>          | <b>Topics covered</b>                                                        |
|-----------------------------|------------------------------------------------------------------------------|
| Week 1: Jan. 01 to Jan. 06  | Applied Psychology: Introduction , History and Fields                        |
| Week 2: Jan. 08 to Jan. 13  | Careers in Psychology; Organizational Psychology: Nature and its Development |
| Week 3: Jan. 15 to Jan. 20  | Organizational Psychology: Scope and Objectives                              |
| Week 4: Jan. 22 to Jan. 27  | Guidance: Meaning, Nature & Objectives                                       |
| Week 5: Jan. 28 to Feb. 03  | Guidance: Principles, Types; Organization of Guidance Programme              |
| Week 6: Feb. 05 to Feb. 10  | Counselling: Meaning, Need and Principles                                    |
| Week 7: Feb. 12 to Feb. 17  | Counselling: Special Areas and Types                                         |
| Week 8: Feb. 19 to Feb. 24  | Health Psychology: Meaning & Concept of Health & Illness                     |
| Week 9: Feb. 26 to Mar. 02  | Health Psychology: Objectives and Scope                                      |
| Week 10: Mar. 04 to Mar. 09 | Psychological Factors in Physical Illness, Life Style & health               |
| Week 11: Mar. 11 to Mar. 16 | Stress and Coping                                                            |

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|-------------------------------|--------------------------------------------------------|
| Week 12: Mar. 18 to Mar. 23   | Forensic Psychology: History; Psychology And Law       |
| Week 13: Apr. 01 to Apr. 06   | Eyewitness Memory: Nature and factors affecting        |
| Week 14: Apr. 08 to Apr. 13   | Eyewitness Memory- Accuracy & Improvement              |
| Week 15: Apr. 15 to Apr. 20   | Correlation- Meaning and Rank Difference Method        |
| Week 16: Apr. 22 to Apr. 27   | Correlation: Rand Difference and Product Moment Method |
| Week 17: Apr. 29 to till Exam | Revision of Syllabus and doubt classes                 |

**H.O.D Psychology**

**Rohtak**

**Principal  
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